



**Do you experience low back pain?**

## Ask today about the Alberta Back Care pathway!

You may be eligible for enrolment in this unique care pathway run by the University of Alberta, offering evidence-based, no/low-cost planning and care for individuals experiencing low back pain.

The ABCp provides physicians with a common approach to coordinate, assess, and manage low back pain patients. In some cases, care may include access to the GLA:D Back program, an education and/or exercise program given in a small group setting, virtually or in-person.



**For more information, ask your doctor today or visit our website by scanning the QR code.**

